



*Alpha Upsilon
Massachusetts*

Baystater

Delta Kappa Gamma Society International

*The Delta Kappa Gamma Society International promotes professional
and personal growth of women educators and excellence in education.*

Volume 62, Number 1

Fall 2018

Area Achievement Awards 2018



The Alpha Upsilon Massachusetts State Area Achievement Awards are given annually to one member from each of the six state areas. This award honors outstanding women who render services to their chapter which embody the ideals of the Delta Kappa Gamma Society.

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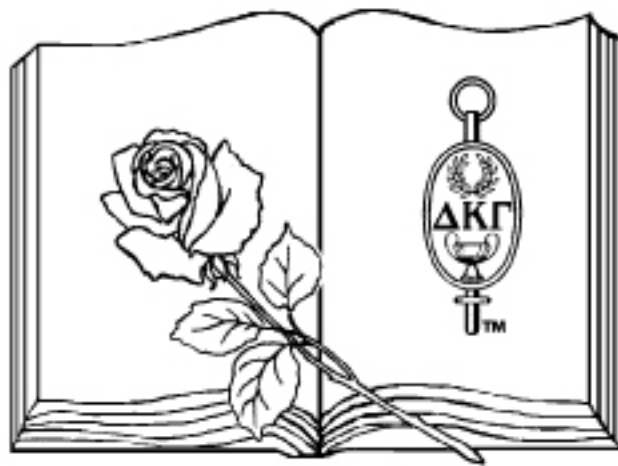
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Thank you for your articles and photos. The Baystater would not exist without your efforts.



Carol Meaney Remembered

Kathy Meaney, Carol's sister, recently gave a \$1,000 donation to the Christa McAuliffe fund in Carol's memory. I had sent her a copy of a Baystater with the award-ees along with the necrology ceremonial booklet from the International Convention and in a letter to me she wrote, "I know Carol really liked the Christa McAuliffe fund and in her remembrance I am sending another check enclosed...it was nice to see some of the pictures of the ladies Carol had spoken about... She really enjoyed her time with DKG." Carol was a past chairman of the Christa McAuliffe fund, a past state treasurer, and past president of Alpha Chapter.

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2018 Area I Achievement Award

We are excited to nominate this dedicated, hard-working, 13-year member of our chapter for the Area I Achievement Award. An active member of our executive board for the past six years, she is committed to the importance of our Scholarship Committee which she has chaired for five years updating and revising the guidelines. Our nominee is also active with our Literacy Project which collects and distributes books to local food pantries each fall. A life-long learner who has strong technological skill, She is a Christa McAuliffe Scholarship recipient. She willingly shares her knowledge and expertise with members by facilitating workshops about Skype and other programs and techniques. Additionally, she has provided workshops on other topics including current reading programs. She has revolutionized our chapter communications by constantly updating our email lists. She willingly takes on any task necessary. She steps forward immediately if she notices a need and is always receptive to requests for help. She is always positive, enthusiastic, energetic and loyal. Her personal and professional life exemplify the tenets of DKG. This candidate is an invaluable asset to Theta Chapter having been recently elected as our Co-President for the upcoming biennium. Congratulations to Nancy Carroll recipient of the 2018 Area I Achievement Award.

2018 Area III Achievement Award

This person became a DKG member over 30 years ago and has been an active member of our chapter for many years. She regularly attends all meetings and does not hesitate to volunteer for any job that is needed. When she became chapter president, she did an extraordinary job and always provided the members with interesting programs including one for the Area III meeting.

Never one to hesitate providing transportation for those members that need a ride to the meetings, she is always accommodating. At the meetings she contributes interesting ideas and suggestions for future get-togethers. It is always a pleasure to see her come to the meetings with a huge smile, a big hug for many and always interesting conversation. We are so very fortunate to know her and have her in Zeta Chapter.

Congratulations Judith Keene, the Area III Achievement Award recipient

2018 Area V Achievement Award

It is with great pleasure that we nominate this extraordinary woman for the 2018 Area V Achievement Award. She has been a very active pillar of our chapter for over twenty years. She has held multiple offices, regularly attends chapter and executive board meetings and volunteers during State meetings as well. A Sara E. Chase Scholarship was presented to this educator when she was in pursuit of her Master's Degree. She always offers her home, her time, her voice and her unwavering support wholeheartedly. She is a true mentor and has a terrific sense of humor. Some say she should write a book about her Kindergarten adventures. She is truly one of a kind and our chapter is blessed to have her.

Congratulations Joan Rego, you are the recipient of the 2018 Area V Area Achievement Award.

Bette's Buzz

Wow, what a great September and October I have had, starting with our Fall Workshop and then on to the 6 Area meetings. Being able to meet and talk with our members throughout the state is the greatest honor given to me as your State President.

If you didn't attend the Fall Workshop, you missed a great speaker celebrating the 100th anniversary of the suffragettes, winning our Right to Vote, wonderful workshops, and an outstanding, relevant keynote speaker on sexual harassment. It was a fabulous and worthwhile weekend.

The Area meetings are always so diverse. I learned about the Connecticut River during a ride on it, got entertained by a Jazz Band, learned how the Attorney General's office works to protect us, about a non-profit fighting poverty, one town at a time, about school programs in Africa, and the search for Beethoven's "Immortal Beloved". They were all so enjoyable. If you don't attend your Area meeting, you are missing out on great fellowship, great programming and meeting other sisters in your area. Put it on your calendar for next year.

Speaking of membership, because of the changes in our International Constitution, we have new opportunities for inviting women for membership. Women who have left the profession can be invited even if they are not retired

from education. Education majors, both on the undergraduate and graduate levels may be invited, but they cannot hold elected office and dues for them until they begin their careers are only \$20. These are great areas to explore for members. There are a lot of women in our lives who fit these descriptions, share the joy of membership with them. Also, to get away from the sorority connotation, we now induct new members, not initiate them. Other important changes in the Constitution are: dues will now be collected in the spring (to align with the Fiscal year), Regional Conferences are now called International Conferences to give flexibility in planning, and the DKG News will only be on-line from now on.

State News: there will more Chapter President 's training and planning for next year's Area meetings at the Winter Board meeting on February 2, 2019, not at the Spring Convention. The Winter Board is open to all, if you wish to attend and you are not on the State Executive Board or a Chapter President, just let me know and you will get an invitation. I hope you'll come and see how your Board operates, give us your input and share your ideas. After all, this is your organization!

Remember: The Baystater will only be on-line from now on.

Also, there are still chapters I have not visited. It does not have to be a special meeting, any kind will be wonderful. I just want the chance to meet and chat with as many of the members as possible. So please invite me. Have car will travel!

As our weather turns cold, I hope everyone stays warm and healthy.

Happy Thanksgiving

Area II

Alpha Gamma hosted the Area II Meeting at the Public House in Sturbridge on October 4, 2018. Members of Alpha Gamma, Alpha Mu, Alpha Nu, and Alpha Alpha chapters shared a delicious meal and renewed old friendships.

Bongani Jeranyama of the Community Engagement division of the Attorney General's Office delivered a knowledgeable, energetic presentation. He shared methods to protect our accounts from identity theft by phone, email, door-to-door solicitations, and traditional mail; to avoid scams and scammers; and to contact the Attorney General's office if we suspect our accounts have been hacked. We also learned about current projects at the AG's offices, such as helping the residents of Laurence and Andover after the gas explosions and stopping the sale/resale of electricity by various vendors. Many questions and experiences were shared during the question and answer portion of the presentation. Following dinner, State President Bette Bridges, Kappa, spoke to the Area II members about her role as president. She shared information from last week's state conference and the international conference this summer. Several changes at the state and international level will help our membership, such as the new dues collection timetable and being able to invite former educators, not just retirees, to join our chapters.

Area III

Alpha Upsilon State Area III Meeting was held Octo-

ber 25, 2018 at The Century House in Acushnet. Our State President, Bette Anne Bridges was the honored guest. Bette Anne addressed the changes to our Constitution, talked about State Board meetings and changes to the deadline for Scholarships. She encouraged all members to attend the spring meeting in Plymouth and the Winter Board meeting in Southbridge, date to be determined. Because the Baystater is online, chapters are responsible for printing it for our members who are not online. Chapters will receive \$2.50 from the \$30. Induction fee.

Many thanks go to Jo-Anne Butler, Amy Gracia of Eta Chapter and Daune Smith of Alpha Lambda Chapter. Marge Burns gave the invocation and Joan Pepin led us with our song "Prayer before a Meal." Cindy Stone introduced our entertainment Buttonwood Brass Jazz



Band. The theme for the night was “All That Jazz”. All 58 members loved the music and learning a little bit of history about jazz from the table settings by Jo-Anne Butler and from the band members. It was a fantastic meeting.

Area IV

Area IV Meeting, luncheon and Connecticut River cruise at The Dockside in South Hadley, MA.



Area V

On October 11, 2018 the Area V Meeting was held at the beautiful Neighborhood Club in Quincy. In attendance were 34 members from Upsilon, Alpha Iota and Alpha Zeta.

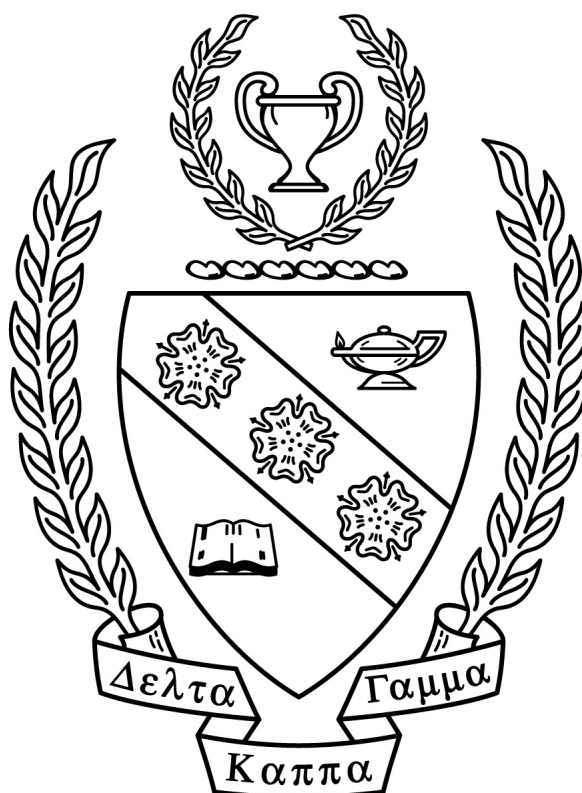
State President, Bette Bridges, welcomed everyone and gave an overview of the changes in our constitution. We also had 2 Past State Presidents with us, Terri Maffeo and Martha Cotton. After the invocation by Rosemary McEachern (Alpha Iota Chapter), we then had a scrumptious buffet dinner which included Butter-

nut Squash Ravioli, yum! While we enjoyed our Mud Pie dessert our guest speaker, Bettie Feruzi of Upsilon Chapter, a DKG Educational Foundation Award Winner in 2015 was introduced. The program was about the Cultural Awareness between the people of New England in the United States and the people of West Lake Region in Tanzania, Africa. There were pictures, samples of artifacts, clothes and maps that we could touch including their musical instruments. We all were given a type of donut that they have in Tanzania that they typical have for breakfast which is not sweet like our donuts, but is more nutritious. It was a wonderful, hands-on, program and we learned a great deal about Tanzania and their people. Carol Hanley Sullivan, was given a “Thumb Piano” as a gift from the speaker. Three New England themed baskets, donated by each chapter, were raffled and won by three excited members, also raffled were the beautiful fall centerpieces that decorated the tables.

Submitted by Judy Zografos, Alpha Iota Chapter

Area VI

Our Area VI dinner meeting was on Thursday, October 18th at Su Chang’s Restaurant in Peabody, MA. State president Bette Bridges joined us once again and updated us on the State level. We had a speaker, Gale Hull from the Partners in Development after dinner. It was a great evening!



\$ \$ \$ PLEASE NOTE \$ \$ \$

VERY IMPORTANT DUES CHANGES FOR 2019-2020!

The 2018 Fall collection of dues remains unchanged- due to chapter treasurers no later than October 31 with Chapter Treasurers sending them to me by November 10. Most importantly, however, due to realignment of dues with the fiscal year and better tracking of membership changes, Chapter Treasurers will begin collecting 2019-2020 chapter dues by April 1. All chapter treasurers must get them to me no later than May 1, 2019. I must send everything to International postmarked no later than June 1, 2019. Thank you for assisting your Chapter Treasurers with this important change.

Good News for Chapter Funding!

In addition to the dues collection changes, we have good news for chapters! The International portion of the induction fee (formerly, initiation fee), \$2.50, will now be kept at the chapter level! Also, if your chapter establishes a scholarship fund for its members, the \$0.20 portion of the \$1.00 Scholarship Fee you pay with dues is kept by the chapter for this fund. As of this time, no chapter has a fund FOR ITS MEMBERS to my knowledge. Let me know if you have changed your by-laws to include one. Grants-in-aid are for non-members.



Massachusetts State Organization

Good News for State Funding!

One of the workshops I attended was about investing our funds to increase our financial growth as part of our fiduciary responsibility to fulfill the organization's mission: The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education. I also later interviewed the investment advisor with RBC Wealth Management, Austin, Texas, for DKG International for more information. We have an opportunity to invest funds with a lower fee due to this relationship. An investment policy will be written by the finance committee and proposed to the executive board for approval before any investing can be done. At the Austin International Convention 2018 it was voted that the permanent fund originally for state buildings and permanent supplies be used at the discretion of the state executive board if there was no building. These funds can be invested at higher rates of return.

The Alpha Upsilon DKG Scholarship Fund ad hoc committee had made several recommendations at the AU May meeting that were tabled. One of the questions posed at our carousel during the Grand Conversation of the September meeting was "How should the AU DKG Scholarship Fund be used?"

Input from members resulted in interest in partial investment of the fund and awarding funds to our members for use to expand individual scholarships for non-traditional experiences to be shared with colleagues beyond workshops and courses, such as creative uses of museums and Space experiences for teachers. The Sara E Chase Scholarship fund is awarded for graduate coursework while the Christa McAuliffe fund is for professional development workshops and seminars.

Anyone wishing to join the DKG Scholarship Fund Ad Hoc Committee to take action on these ideas, please contact me at carol.lapolice@comcast.net.

Fall Workshop



On Friday and Saturday, September 28-29, almost 60 Delta Kappa Gamma members congregated at the Southbridge Hotel and Conference Center. Our Friday night speaker was author Barbara F. Berenson, who spoke on Massachusetts in the Women's Suffrage Movement. Massachusetts was at the center of the national struggle for women's rights nearly 100 years ago. Long before the Civil War, Lucy Stone and other Massachusetts abolitionists opposed women's exclusion from political life. She spoke about these brave, smart, ambitious, and determined women who were part of the history of our suffragists.

Saturday's Keynote speaker was Dr. Kathryn B. Clancy, Associate Professor of Biological Anthropology at the University of Illinois. Her topic was Gender and sexual harassment in the sciences as well as the ways in which sexual harassment drives women from their careers.

Tammy Edmonds, a member of Alpha Gamma Chapter, presented a very informative workshop on Essential Oils. All of our questions were answered about how to use them in our lives. We learned the Do's and Don't's and came away with far more knowledgeable than we started. Each member was able to make a roll-on blend to take with us. It was a wonderful experience.



GRAND CONVERSATION - SEPTEMBER 29, 2018

Attendees at the Fall Conference participated in a Grand Conversation led by Lynn Howard, MA State 1st Vice President. The goal of the Grand Conversation was to share ideas to help chapters recruit new members and keep our current members engaged. Two other objectives were to brainstorm ideas to increase revenue and to promote our organization to prospective members.

The round table discussions were led by Executive Board Members: Table 1: Membership led by Kathy Balakier and Martha Cotton, Table 2: Revenue led by Carol LaPolice and Marilyn Spedding, Table 3: Programs led by Claire LaBonte and Lynn Howard, and Table 4: Communication led by Christine Bonci and Janet Eskin.

As you review the ideas generated during the Grand Conversation look for points that your chapter can implement this year as part of an action plan that will help you keep your Chapter relevant and active.

MEMBERSHIP

How do you introduce the organization to prospective members (what is DKG?)?

Social events, meet teachers from many places

Service projects

Professional support and development (PDPs)

Networking opportunities surrounded by professional people

Personal growth, world-wide prospective

Scholarship

Promote education issues

Is your chapter more a social club, society, profession organization or both?

How do you meet the needs of all of your members?

Make members feel important by giving everyone a job

Reach out to members that haven't come

Induct former teachers

Combine meetings with other chapters

Offer interesting programs

Advertise Chapter meetings and activities in brochure

Link programs to DKG seven purposes

Adopt-A-Teacher

Conduct Service Projects

Provide scholarships

Host a retiree luncheon

Recognize achievement of members

Support life-long learning

REVENUE

How should we use the AU DKG Scholarship Fund to benefit members? (\$36,000)

** Individual scholarships for non-traditional learning experiences to be shared with colleagues (ex. Museum, Houston Space Center, etc)

Invest half & use half for scholarship

Invest all of the money

** Use money for members to attend conventions such as in Austin

Group travel to research and bring back ideas to classroom

Individual member learning experience (such as sponsor writer/poet in residence)

Bus trips for chapters to go to Museums (scholarships for members to attend)

Use money for chapter's speakers at meetings and area dinners
Great speaker for state meeting to attract more attendees >Publicize Cornet Award
Fund small groups/ chapters/area to bring in workshop or attend community offerings
What are some successful Chapter fundraising ideas you have tried?
4-Week Calendar Club: Tickets \$10 for the month with daily prizes
50/50 Raffle: member wins 50/chapter gets 50
Seasonal Basket Raffles at chapter meetings
Silent auction
Vendor fair at International Conventions and Regional Conferences
Raffle handmade arts & crafts or lessons
Chapter yard sale, used book sale
Designer Circus (chapter gets 10% of sales)/ local business
Raffle off centerpieces at dinners
Raffle gift cards donated by members
Host a Holiday Fair

PROGRAMS:

What are SUCCESSFUL programs (or topics) your chapter has run?
Service projects (presentations, walks for charity, hands-on activities)
Good speakers (authors, teachers, etc.)
New member panels
Gardening (i.e. making a dish garden), flower arranging, design clay pots for nursing homes
Visiting to a local nursery> landscaping
Financial Planning, Legal information
Wellness/ dieticians/CPR training/acupuncture/ herbal remedies
Boat cruise, wine tasting
Museum visits, historical walks
Hobby sharing
Paint Night/Crafts
Designer's Circus (raising revenue)
Chapter Grand Conversations
Associating with other organizations/colleges
Mentoring

What are the CHALLENGES you face to keep members engaged and attending meetings?
Venues for meetings (location, cost of meals etc.)
Costs for methods of communication (email vs. hardcopy)
Time of day, day of week for meetings
Programs and events that appeal to all members
Travel-distance to meetings, how to carpool
Accommodating scheduling as attendance is going down
Dealing with aging members and younger members> different issues (timing for younger members still working and children)
Length of meeting
Using new communication methods such as Go-to-Meeting, Facetime, etc.
Mentoring

COMMUNICATION

How do you communicate and keep in touch with your members?

Make phone calls and texts to members
 Have a Buddy system-reach out to members you've brought to DKG
 Send a Newsletter to all members
 Email minutes after meetings
 Publish a Chapter Yearbook
 Use Go-to-Meeting or Meet-Up App
 Distribute bookmarks with meeting information at meetings
 How do you market DKG to potential new members?
 Publicize at public libraries and colleges
 Use social media (Instagram, Facebook, Twitter)
 Make Bumper stickers and car magnets
 Post events and chapter meetings in local newspapers and websites
 Adopt-A-District and or Teacher

Grab a new idea for your chapter and put it into action!

Other Fall Workshops

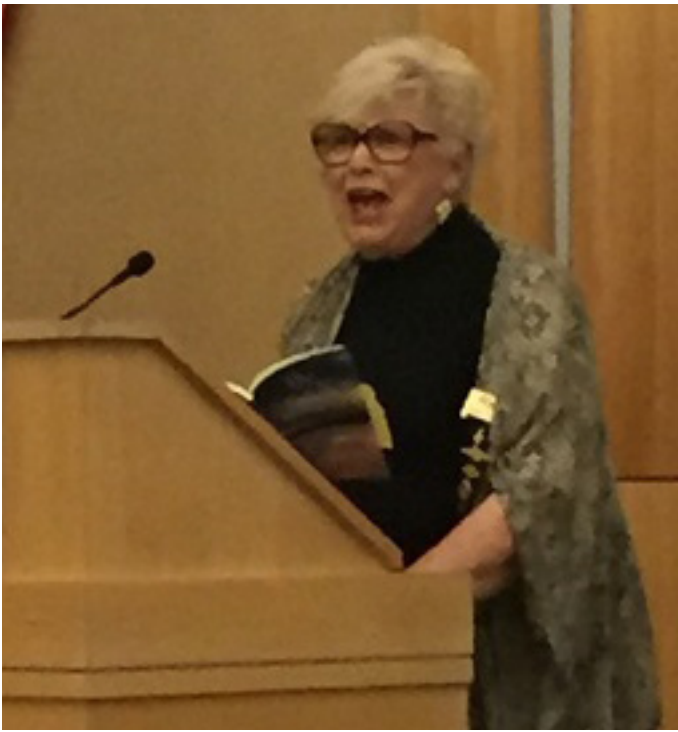
Other workshops included Jill Flanders, Literacy Council Chair, continuing the discussion about what DKG members can do to bring about necessary change in our organization and in our communities.

Burt Freedman explained ECOS in the Springfield Public Schools. He discussed the program and how it was developed, its importance for the students and how it can be replicated. ECOS provides outdoor environmental education for the Springfield Public Schools using Forest Park as an outdoor classroom. At ECOS, students engage in scientific inquiry through the use of science and engineering practices to develop an attitude of respect and stewardship for the natural world.

CHAPTERS 2018-2020 PRESIDENTS

ALPHA	KATHLEEN BALAKIER
BETA	CARRIE GIBBONS
CHI	GWEN MILLER& SHEILA CONROY
EPSILON	IRENE FRANGOS FALITE
ZETA	MARCIA CAMERON
ETA	JO-ANNE BUTLER & AMY GRACIA
THETA	NANCY CARROLL & JANET WELLOCK
KAPPA	DONNA BROWN (CONTACT)
UPSILON	PAULA WILSON
ALPHA ALPHA	ZITA DANNA
ALPHA BETA	ADDIE COLLINS JOHNSON
ALPHA GAMMA	NANCY CODERRE&DAWN QUIGLEY
ALPHA EPSILON	JILLAYNE FLANDERS
ALPHA ZETA	PAMELA LARSON
ALPHA ETA	DIANE PENDERGAST & DEB WESCOTT
ALPHA THETA	DOROTHEA MAYNARD
ALPHA IOTA	JILLIAN SCEPPA-ETIENNE
ALPHA KAPPA	DONNA ROGERS
ALPHA LAMBDA	DAUNE SMITH
ALPHA MU	CHERYL DERR & HELENE CARROLL-PASCALE

Thank you to all of you who have stepped forward as leaders for the 2018-20 Biennium.



THOUGHTS ON WRITING

AN OPEN LETTER TO THANK A WONDERFULLY RESPONSIVE DKG AUDIENCE AND TO ANSWER THE QUESTION POSED BY PAST MASSACHUSETTS STATE PRESIDENT, PAT BOLOGNA, AT THE END OF MY FALL STATE CONFERENCE POETRY READING, SEPT. 29, 2018—

THANK YOU, PAT, FOR YOUR KIND WORDS! Now, to properly answer your Q & A question about my use of language in pursuit of poetry:

I LOVE THE ENGLISH LANGUAGE and am fascinated with its history and development over many centuries. That passion I also shared with my students for many years, beginning in 1968, a time when I also turned to poetry as a full-time avocation.

Because I consider writing to be “thinking on paper,” I knew from practice that my English Literature students would benefit from journal writing every day, in order to make that transfer of thought easier. That is why I always wrote, right along with my students.

Now—we can make writing difficult by expecting immediate clarity, sequence of thought, and syntax perfection on first drafts. BIG MISTAKE! Clarity comes with REVISION—simply looking again at what we have “OVERWRITTEN” or UNDERWRIT-

TEN,” really “seeing it for a second time,” and doing some personal editing. That PROCESS, (and it may take several revisions) is what good writing is all about. PROCESS! Yes! Writing is a process and improves with PRACTICE!!

THINKING ON PAPER (or laptop, iPod, or iPhone)—whatever tool you prefer—transferring thought to be read by another person—is a process which can be started by GATHERING and then jotting down ideas, observations, or listing impressions and images as a personal brainstorming exercise to be refined later. It also helps to have a POINT to your writing—one with which your audience might relate. Never assume that your audience knows what is going on in your head.

However, as poetry is my favorite genre of expression, (emphasizing the oral storytelling tradition in literature) it calls me to special focus. My goal is to pare the poem down to what is absolutely essential, and no more. (Getting to the heart of the peach, but not losing the precious texture, color, and juice.)

I might GUSH & OVERWRITE—even using stream-of-consciousness techniques to capture the image, and then EDIT...EDIT... EDIT!!! In years past when writing a “purple poem,” (or one with a strong emotional theme), I might put it aside for several weeks—even months—to get some personal distance before final editing. Revision is RE-SEEING as objectively as possible.

That oral tradition demands that an essential part of my own editing process IS READING MY new poem OUT LOUD to myself OR TO AN EMPTY ROOM, line by line, even when barely finished. How the poem sounds and flows and breaks is essential to the mood and meaning. Equally important to me is what the poem looks like on the printed page. It’s layout is essential to its delivery in the mind of the reader or when spoken aloud.

We are all lifetime learners. Therefore, I recommend writing groups, for a mature writer looking for feedback and constructive criticism, as well as for newer writers looking for writing prompts which can help in discovering one’s special voice. Sharing my work in small workshop groups over 50 years has really helped me understand how others hear my work.

For me, it was a real pleasure to put together THE CROW’S NEST CHRONICLES: CAPTURING THE

WONDER OF TIDAL BAY SUMMERS. Out of a Canadian collection 151 mostly free verse poems and some ballads, I chose and edited 67 for the collection. Written over a span of summers on the Bay of Fundy, the older poems needed to be historically accurate and stand the test of time. I also had the advantage of being a more experienced writer when this editing took place.

In addition, I was fortunate to have three wonderful readers of the manuscript before the PDF was finalized who gave me important input from a READER'S POINT OF VIEW: Dr Roger H. Prentice, retired Chaplin of Acadia University, Wolfville, NS; Dr Judith Shaw, retired Professor at St. Francis Xavier University, Antigonish, Cape Breton, NS, who summers in Scots Bay; and an old Scots Bay friend, Marianne Thomas Tupper, with a music degree from Acadia U (who also raises goats and makes incredible goat cheese) previewed reader copies of the manuscript, and provided me with insightful reaction and editing notes.

Of course, an intense appreciation of the power of language and what words we finally choose to convey our thoughts makes an enormous difference, both in prose and poetry. I also believe that a good writer is usually an avid reader, educated by a wealth of wide-ranging literature that eventually informs his/her own writing.

There are so many linguistic choices to be made, especially in free verse poetry, which pays special attention to sound, interior rhyme, repetition of like-sounds for emphasis, and the lilt and lift of natural spoken rhythms—often combined in startling images, that the poet, even when making sense of commonplace experience, often discovers the universal.

To get started, JOURNALING is really helpful if you are serious about the craft of writing—whether it be prose or poetry. I started keeping little journals when I was seven years old. Those old notebooks are a boon to memory and details of experience and observation in later years. Just the briefest of notes can trigger vibrant memories. This summer, I kept a daily journal for inspiration and imagination, which also helped me keep track of readings, signings, and many new contacts and experiences. I like to make sense of my world by writing things down. A visual artist uses a sketchbook. Capturing the image is the common goal.

Thanks for listening!

Beverly Johnson

Baystatements

Alpha Gamma

Following the Area II meeting, Alpha Gamma, held a brief chapter meeting. Highlights included hearing more about our upcoming service project to support the area Head Start program. Members will be collecting school supplies for the Head Start students heading into Kindergarten next fall. Our Literacy Committee will also donate new books to this project. We were all encouraged to apply for the DKG scholarships and to read the DKG newsletters and “Baystater” online. We look forward to our December meeting at the Heritage Country Club in Charlton.

Alpha Iota

On a blustery fall day in September the Alpha Iota Chapter toured the Forbes House Museum in Milton. For our Chapter meeting, we had a nice group of members and friends who separated into 2 groups for a tour of the Museum. This is the very same Museum on Adams Street that so many of our members had driven by before but never took a tour of this lovely gem. The Grecian style Forbes House belonged to the Forbes Family and was designed by the architect Isaiah Rogers from Boston for Margaret Perkins Forbes (1773-1856).



The men of the family were China Trade merchants and would sail to China for goods, silk, tea and other things. The home is a museum of items from China and other family heirlooms that weave an amazing story of one family's history. The last living relative to live in the home was Mary Bowditch Forbes (1878-1962) who collected Lincoln memorabilia and even had a replica of Lincoln's birth cabin built at the back of the estates yard. Yes did you know we have a replica of Lincoln's

Baystatements

family cabin here in Massachusetts? After learning of the rich history of the relationship between the Forbes' and China, we settled in the basement where we had a catered lunch of "modern" Chinese food. At our luncheon we had one member who was presented with her 40th year pin, Joyce Gleason. Congratulations Joyce! We value your membership. Later in the year 2 other members will also be presented with their 40th pins. If you are interested in a fascinating tour please visit the website: forbeshousemuseum.org

Zeta

Past Zeta Chapter President, Judith Keene, receives the DKG State Area Achievement Award. It was presented by DKG Massachusetts State President, Bette Bridges, at the October 23, 2018 Zeta Chapter Meeting. The meeting was held at the Beacon Room Restaurant, in Orleans. Beverly Shaw Johnson, gave a Poetry Reading from her book, *THE CROW'S NEST CHRONICLES: Capturing the Wonder of Tidal Bay Summers*. Five guests attended, including DKG Vermont past president, Linn Wilson.

Epsilon

Welcome Autumn to all of our DKG Sisters! It has been a wonderful summer and now we are off to a great start.....

In May, our Scholarship Dinner Meeting took place at Carraba's in Peabody, MA. We had a lovely dinner with our Scholarship recipient and her parents.

The Scholarship Committee worked diligently to choose the best candidate. It was so exciting to award this year's



Alpha

Alpha's September Meeting was held at the Chicopee Public Library, where our guest speaker was Mary Jo Maichak, puppeteer and story teller.



Scholarship to Jesula Anderson from Pentucket Regional High School in West Newbury, MA. The Committee chose Jesula and spoke of her strong academic accomplishments, interests and future educational plans. We all wish Jesula much happiness and success as she begins her academic studies.

Sisters brought books to donate to the Lincoln Thompson in Lynn, MA. The students were thrilled to receive new books for their class library.

In June, we celebrated a very productive year in the famous Hawthorne Hotel's Nathaniel Room in Salem, MA. We had an elegant dinner together and then ventured up to the roof top looking out at Salem Harbor on that beautiful evening while enjoying dessert and wine. Thank you to our DKG sister Cyndy Morrisette, who is a member of the Salem Marine's Society for being able to take us up there.

President Irene Falite attended the International Convention in July and had a fantastic week. Austin was fabulous. She attended all of the General Sessions, Breakouts, Takeaways, Special events and the Banquet, and toured Headquarters. It was a busy and enlightening week being with our Massachusetts DKG Sisters and so many from around the World. She completed all of the questions necessary and received 30 Professional Development Points to use towards her re-licensing in 2019. Irene will be sharing her photos, literature and memorabilia from the convention. At the end of the Convention, a group of Sisters went to the Lyndon Baines Johnson Library. Such a wonderful library to visit! She encourages everyone to attend a Conference or Convention! It is a great opportunity to see all of the wonderful things that DKG stands for and does for others here and around the world. It is also an opportunity to receive PDP's for re-certifying too!



We had our first Meeting at Bertucci's in Peabody, MA on Wednesday, September 12th. A delicious and filling Italian dinner, great meeting and brainstorming of ideas filled our evening. School supplies were collected and donated to the Pettengill House in Salisbury, MA. They were most appreciative!

We wish everyone a very productive 2018-2019 and happy year of Sisterhood!

Submitted by Irene Falite, Epsilon





Sara E. Chase Scholarship 2018-2019

Sara E Chase Fund

Application Deadline Dates by Semester:

Spring Semester – December 15, 2018

Summer Semester– April 15, 2019

Academic/Writing Year – April 15, 2019

Fall Semester – June 1, 2019

Mail your Application to:

Linda A. Stewart

Sara E. Chase Scholarship

P.O. Box 564

Hyannis Port, MA 02647

The Maximum Award is

\$2,500 per semester.

Download the Application Form at

<http://alupsma.weebly.com/scholarship.html>

The Purposes of the Society

1. To **unite** women educators of the world in a genuine spiritual fellowship;
2. To **honor** women who have given or who evidence a potential for distinctive service in any field of education;
3. To **advance** the professional interest and position of women in education;
4. To **initiate, endorse, and support** desirable legislation or other suitable endeavors in the interest of education and of women educators;
5. To **endow** scholarships to aid outstanding women educators in pursuing graduate study and to grant fellowships to women educators from other countries;
6. To **stimulate** the personal and professional growth of members and to encourage their participation in appropriate programs of action;
7. To **inform** the membership of current economic, social, political, and educational issues so that they may participate effectively in a world society.

Get Connected!

Communication Overload

If you are a regular smartphone user, you must have noticed some changes in your daily behavior after you began using the device. Perhaps you find yourself cringing at the dulcet tones of your smartphone's message notifications? Using technology tools such as computers and smartphones and engaging in social media can be very stressful, and you may experience communication overload.

Communication overload occurs when you have multiple, simultaneous modes of interaction going on. It exists when you're flooded with just too many emails, phone calls, texts, instant messages, and social media updates. (news.team.biz) With a demand for immediate communications, expanding social media, and rapidly changing technologies, communication overload is becoming a very real and increasingly common issue.

Of course, although using technology tools can be very stressful, doing so is also very useful. For example, researchers (repository.up.ac.za) have shown that, in project management, email communication assists in building and maintaining project team relationships, even with occasional conflict. Furthermore, in spite of the often disruptive nature of emails and resulting stress, emails contribute to task efficiency and effectiveness. The key is to manage communication well!

Below are several tips to stop communication overload!

Tips to Stop Communication Overload

Check your emails at set intervals throughout the day.

Create folders in your inbox to prioritize important information.

Turn off social media notifications when you are working.

Choose your communication channels wisely.

Select the time and place to turn off the smartphone and the computer for a few hours. (<https://www.aib.edu.au>)

Web Page Compliance

In order to remain linked to the international website, DKG chapter and state organization webmasters must reassert compliance with Society standards at the beginning of each international biennium. The deadline to submit Form 72 is October 31, 2018.

Forms and basic directions for compliance may be found at

<http://www.dkg.org/DKGMember/Forms/Website.aspx>

Additional information about the compliance process may be found under the Tools tab on the DKG website.

Click on Tools and then on Communication Tools.

Once you have reviewed the standards checklist and ensured that your website is in compliance, complete Form 72 and email it to Society headquarters at compliance@dkg.org by the deadline.

Members of the Communications and Marketing Committee will review all first-time websites and provide feedback. Webmasters who are renewing their sites may also request a courtesy review by a member of the C&M Committee.

Once Form 72 is received, personnel at Society headquarters will link your website to the international website and send you a seal of compliance. Post the seal at the bottom of your website!



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Next Deadline is

February 15, 2019

